

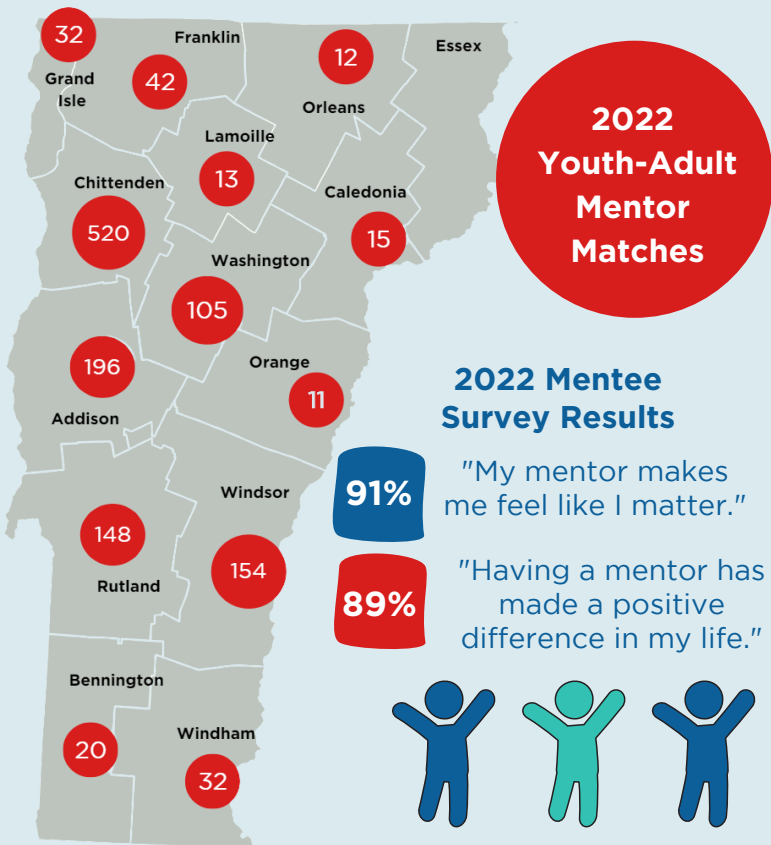


MENTOR
VERMONT

MAXIMIZE MENTORING



When youth feel like they matter, they thrive.



Currently, MENTOR Vermont provides support to 35 mentoring agencies across the state, including non-profit organizations and school districts/supervisory unions. These agencies provide youth mentoring opportunities in all 14 counties.

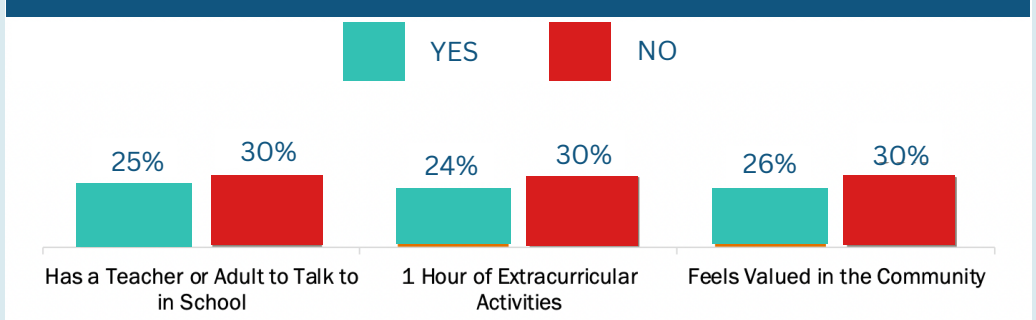
By increasing the quality and quantity of safe and effective youth mentoring relationships in places where young people live, learn, connect, and play, MENTOR Vermont can help every young person feel like they matter.

When youth feel like they matter to their community, and have a consistent adult they can trust, they develop "protective factors." Youth with protective factors are less likely to engage in risky behavior.

Evidence shows youth who have adult mentors are more likely to attend school, participate in sports and community activities, and less likely to use electronic vapor products or to make a suicide plan.

The Mentoring Gap
1 in 3 young people will grow up without a mentor.

Current EVP Use by Youth Assets and Protective Behaviors, VT High School YRBS 2019



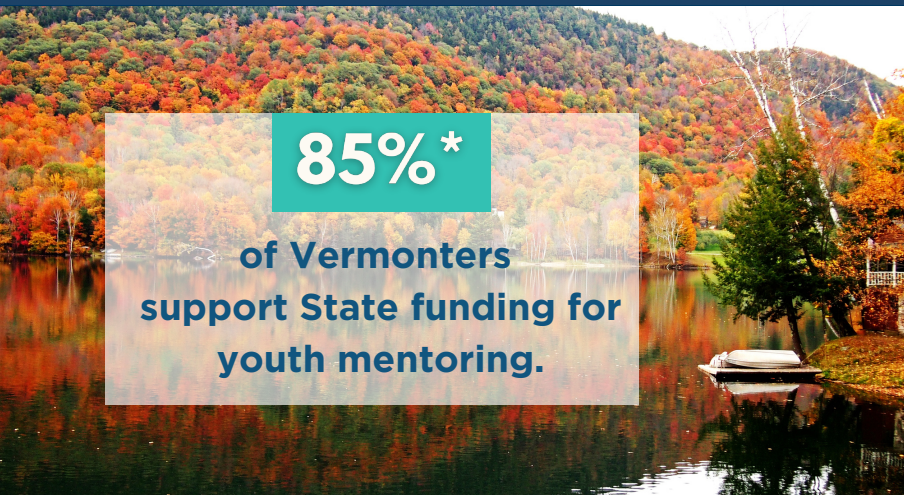
MENTOR Vermont's vision is to close the mentoring gap and drive equity through quality mentoring relationships so every young person in Vermont has the supportive mentoring relationships they need to grow and thrive.



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85%*

of Vermonters support State funding for youth mentoring.



Despite critical youth mental health needs, and the social and emotional benefits of mentoring, State investment in mentoring has not increased since 2007, and decreased in 2011.

Mentoring relationships provide individualized, one-on-one attention and support, a primary component of pandemic recovery.

- Overall waitlists of youth asking for mentors have increased during the COVID-19 pandemic while mentor recruitment is more difficult than ever before.
- Since the onset of the COVID-19 pandemic the number of youth mentoring matches has dropped by 35%.
- Most mentoring programs are staffed by just one person, often in a part-time role.
- The prevalence of social isolation brought upon by COVID-19 has underscored the critical role of youth mentoring.



By increasing the quality and quantity of safe and effective youth-adult mentoring relationships in places where young people live, learn, connect, and play, MENTOR Vermont can help every young person feel like they matter.

*Polling provided by Embold Research, a Public Benefit Corporation, per a 907 poll of adults in Vermont in the United States, conducted between Sep 14-20, 2022