## FUTURE EXPLORATION

## Building a Pathway to Your Future



Explore the connection between high school and the youth's future. Now is the time to maximize what high school has to offer.

## Conversation Starters

全 LISTEN "What social media platforms do you use? Why do you use
F)) SHARE How do you use social media personally or professionally.
(2) LISTEN "What is one thing you are looking forward to and are excited about doing while you are in high school?"
(1) SHARE

Reflect on something you learned in high school that you still use today.

## Check In \& Ask The Youth

## During the Fall

- What groups or activities match your interests?
- What new things are you doing this year?
- How do you practice organization and manage your time?
- Do you use a planner or a calendar?
-What are some goals you would like to set for this year?
- What do you do to remain on target with your goals?
- What habits or routines do you want to add/practice?


## During the Winter

- Does your guidance counselor have checklists for college planning and career planning that they have shared with you?
- When do you map out courses for next year? How is that shaping up?
- Have you started planning for summer break activities (volunteer work, part-time job, enrichment program, etc.)?



## Suggested Activities

 personal brand and digital footprint intersect with career exploration.
## EXPLORE

Building a Pathway to Your Future: Research education and training-related content using Advance Vermont's MyFutureVT.

