





My Community



Explore interests and the value of volunteerism. Connecting strengths and skills, and the needs of the community.

Conversation Starters

-  **LISTEN** “What makes a community?”
-  **LISTEN** “What are different roles people play in a community?”
-  **SHARE** A story about a middle school experience that shaped your view of your community.
-  **LISTEN** “What do you want to gain from your time in middle school? How can we connect these ideas with your community?”

Check In & Ask The Youth

School Progress

- What do you need to do to complete this year’s school requirements?
- Have you started a Personalized Learning Plan (PLP)?
- What help do you need to achieve your goals?

Interests

- What are you interested in (e.g., academic subjects, leisure activities, career aspirations, etc.)?
- What activities bring you joy?

Experience to Date

- What experiences have you had (e.g., chores, team sports, jobs, fundraising, volunteering, etc.)?

Skills

- What are your unique or favorite abilities?
- What skills do you already have?
- What new skills are you learning?
- What skills do you want to develop?






Community Service & Volunteerism

- What is community service & volunteerism?
- Why do people volunteer?

Suggested Activities

(Click on the activities below to view)

-  **COMPLETE** **Interest Inventory:** Identify your interests relating to school, hobbies, activities, and work.
-  **EXPLORE** **My Community:** Visit a local site in person or virtually to learn about resources and opportunities in the community.
-  **PLAY** **Community Bingo:** Become acquainted with resources and activities in the community.

Visit our Future Exploration Resources Page for additional materials!